

GET ACTIVE BOOKLET: ART



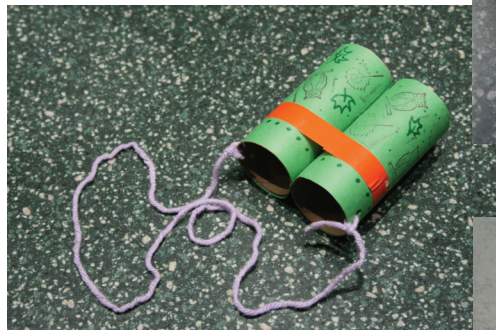
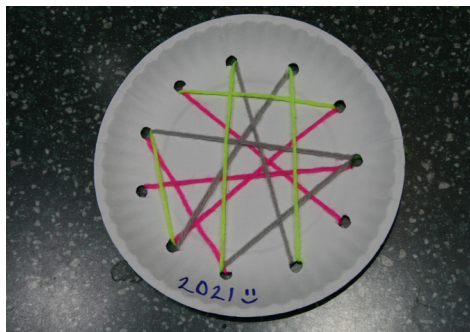
Filled with fun crafts for
ages 4-6+

Skip the electronics and find new ways to have fun!

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Girl Scout Gold Award Project

2021





Please enjoy these quick and easy activities for
kids AND parents!

These activities require little prep work and
easily accessible materials.

Take a break from technology with these
experiments and learn something new and
take the time to **make new memories!**



Silly Stress Ball

Materials

- 2 Balloons
- About 1 cup of flour
- Empty plastic bottle
- Funnel

STEP 1: Pour flour into plastic bottle using funnel.



STEP 2: Blow up the balloon slightly and pull over top of the bottle.



STEP 3: Flip bottle upside down to pour flour into balloon.



STEP 4: Release excess air in balloon slowly.

STEP 5: Tie balloon closed.

STEP 6: Cut off mouthpiece of second balloon. Then cut small circles in the balloon.



STEP 7: Pull over flour filled balloon.



DID YOU KNOW?

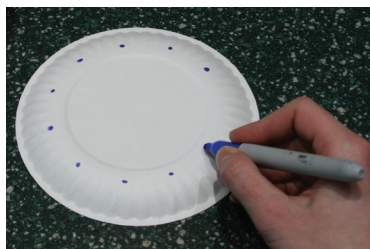
A long time ago. . . balloons were made from animal bladders!

Plate Sewing

Materials

- 2-3 colors of yarn
- Paper plate
- Single hole punch
- Marker

STEP 1: Draw dots around the edge of the plate about 1 inch apart.

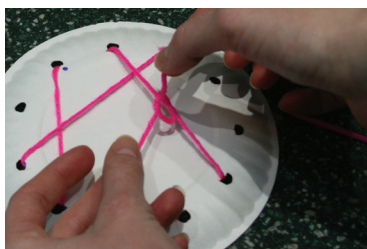


STEP 2: Use a hole punch to make holes at the marked spots.



STEP 3: Put 1 color of yarn on a needle and pull the yarn in and out of the holes across the plate.

STEP 4: Tie the ends of the yarn together on the back side of the plate.



STEP 5: Repeat step 3 and 4 with other colors of yarn.

STEP 6: Decorate the edge of the plate!



DID YOU KNOW?

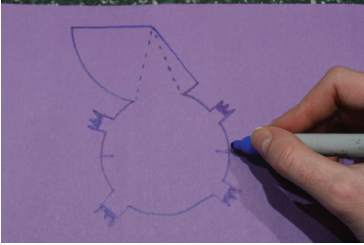
No one knows exactly how long knitting has been around!

Fuzzy Hedgehog

Materials

- Paper
- Marker
- Scissors
- Glue
- Yarn

STEP 1: Draw hedgehog outline as shown below:



STEP 2: Cut out outline.

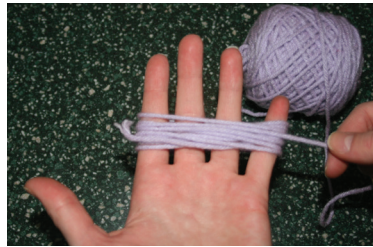


STEP 3: Glue head in a cone-like manner as shown below:



STEP 4: Wrap yarn around fingers about 30 times.

Make sure to leave a gap between middle 2 fingers



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GUESS WHAT?

Hedgehogs used to be called Urchins!



This name is how we came to call an ocean animal a Sea Urchin!

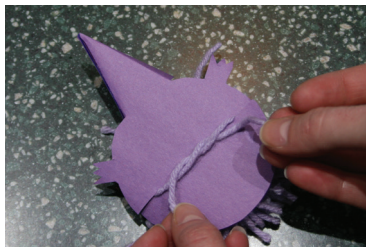
STEP 5: Pull a small string between middle two fingers and tie around the yarn.



STEP 6: Pull string off hand and cut the looped sides.



STEP 7: Tie the yarn ball to the hedgehog outline with another piece of string.



STEP 8: Add eyes and a nose with marker.



DID YOU KNOW?

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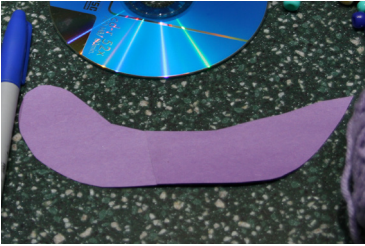
Hedgehogs have over 5,000 spikes!
Hedgehogs are lactose intolerant which means they cannot have milk!

Snazzy Snail

Materials

- CD
- Beads
- Yarn
- Glue
- Paper
- Marker

STEP 1: Cut out oval shape.



STEP 2: Cut a 3 foot long piece of yarn and string with beads.



STEP 3: Apply glue to the CD.

STEP 4: Start at the middle of the CD and wrap beads in a spiral motion.



STEP 5: Draw a face onto your snail!



DID YOU KNOW?

Snails have been around for over 600 MILLION years
AND snails can be found on land and in the water!

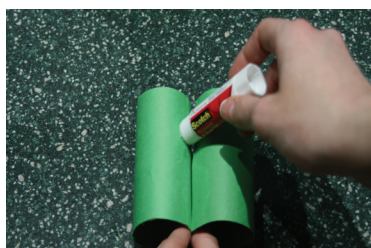
Binoculars

STEP 1: Cover paper tubes in colorful paper.



STEP 2: Glue tubes together.

Wrap tape around them to hold them in place.



STEP 3: Hole punch 2 holes on outside edge of tubes.



Materials

- 2 Toilet paper tubes
- Colorful paper
- Washy tape/Duct tape
- Markers
- Yarn

STEP 4: DECORATE!



STEP 5: Tie a 3 foot long string through hole punched holes.



DID YOU KNOW?

Binoculars were invented
150 years ago!

Colorful Butterfly

Materials

- Coffee Filter
- Washy Markers
- Water
- Spray bottle

STEP 1: Place 2 coffee filters on top of each other.

STEP 2: Color design on top of coffee filters.



STEP 3: Place coffee filters on a cleanable surface.

Wax paper works nicely

STEP 4: Spray coffee filter with water.

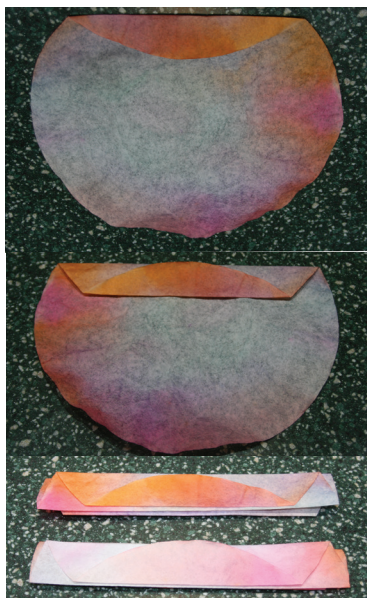


STEP 5: Let coffee filter dry.

STEP 6: Separate the two coffee filters.

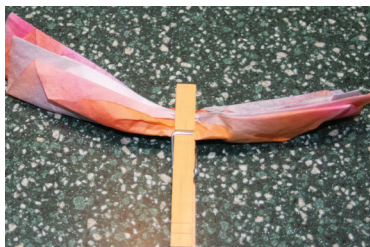
STEP 7: Fold top of paper about 1 inch.

- **1:** Flip the filter over.
- **2:** Fold one more inch in the opposite direction.
- **3:** Continue until coffee filter is completely folded.

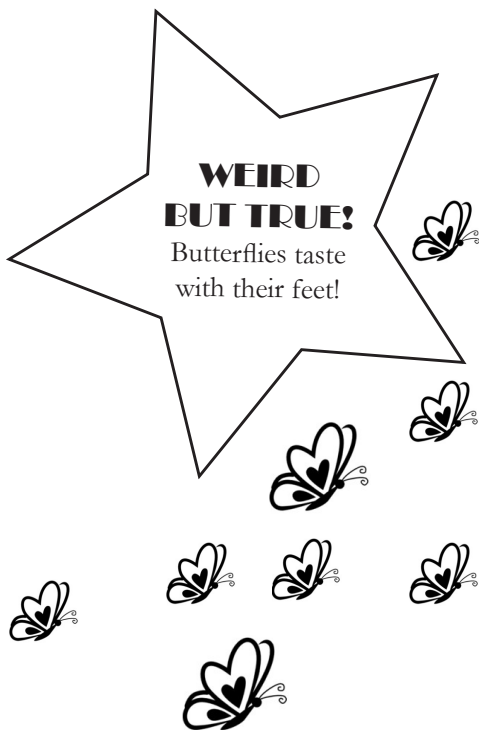


STEP 8: Repeat step 7 with second coffee filter.

STEP 7: Clip the clothes pin in the middle of both coffee filters and spread the sides out flat.



STEP 8 : Bend the pipe cleaner in half and clip on end of the clothes pin.



DID YOU KNOW?

There are over 180,000 species of butterflies!

Kaleidoscope

Materials

- Toilet paper tube
- Beads/sequins
- Aluminum foil
- Tape and glue
- Plastic - Paper

STEP 1: Cut paper towel roll in half. Cover with colored paper.



STEP 2: Trace bottom of paper tube on plastic 2 times and cut circles out.



STEP 3: Glue one piece of plastic on the end of the tube.



STEP 4: Pour beads into tube until bottom is covered



HOW DO KALEIDOSCOPIES WORK?

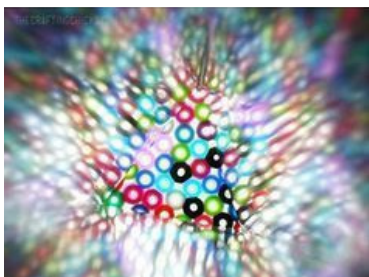
Light refracts through the beads and then reflect on the tinfoil creating a beautiful blend of colors!

STEP 5: Slide second plastic circle down tube until it covers the beads.

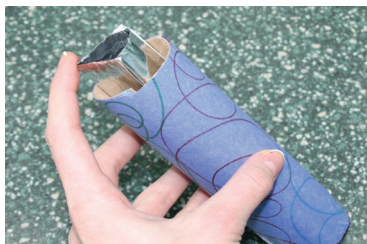


STEP 6: Create triangular prism with aluminum foil like shown.

The prism should be 1 inch shorter than the paper tube.



STEP 7: Slide the aluminum foil into the tube, it should reach about the height of the tube.



STEP 8: Cover open end with tape, leaving a small hole in the middle to look through and DECORATE!



DID YOU KNOW?

The world's largest kaleidoscope is 60 Feet tall!

Pom-Pom Shooter

Materials

- Plastic cup
- 8 inch Balloon
- Duct tape
- Cotton balls/
Pompoms

STEP 1: Cut off bottom of plastic cup.



STEP 2: Cut off tip of balloon.



STEP 3: Tie mouthpiece of balloon.



STEP 4: Stretch balloon out over bottom of plastic cup.



STEP 5: Tape balloon on the plastic cup with duct tape.



STEP 6: DECORATE!



To Use:

1. Place cotton balls/
pompom balls in cup.
2. Stretch balloon back
and release.

Shrinky Dinks

****Adult supervision
required****

STEP 1: Find plastic container.

Number 6 plastic works best



STEP 2: Create drawing on plastic.

STEP 3: Cut out drawing.

(Optional: Hole punch the top to create a key chain).



TIP

****lightly sand one side of the plastic to draw with colored pencils****

Materials

- #6 Plastic container
- Sharpie markers
- Oven /toaster oven

STEP 4: Heat oven to **350 degrees**

Place drawing in oven on a parchment paper covered baking sheet for 1-2 minutes.

BEFORE



AFTER



STEP 5: Let cool completely before touching.

DID YOU KNOW?

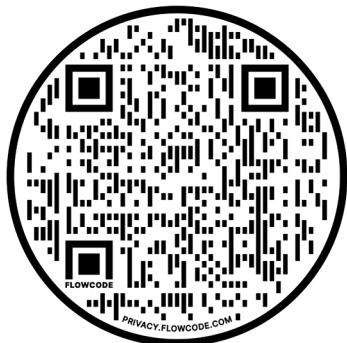
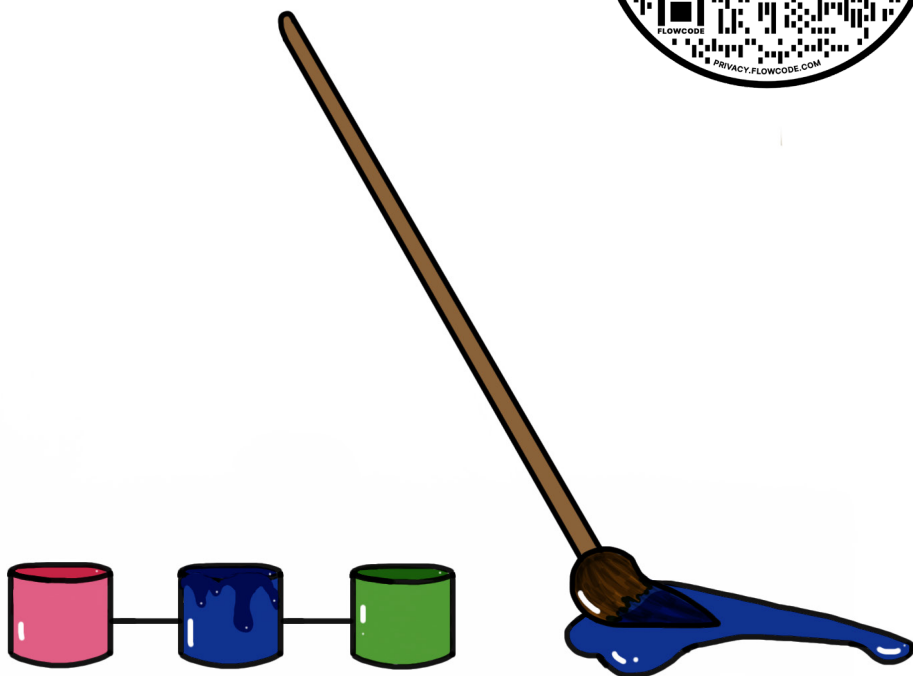
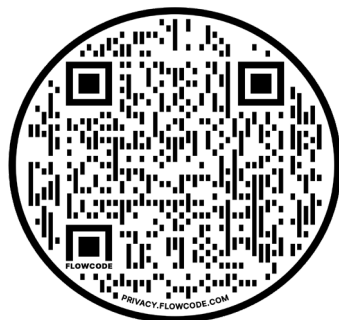
Almost every piece of plastic made still exists today!

GET ACTIVE BOOKLET: ART

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