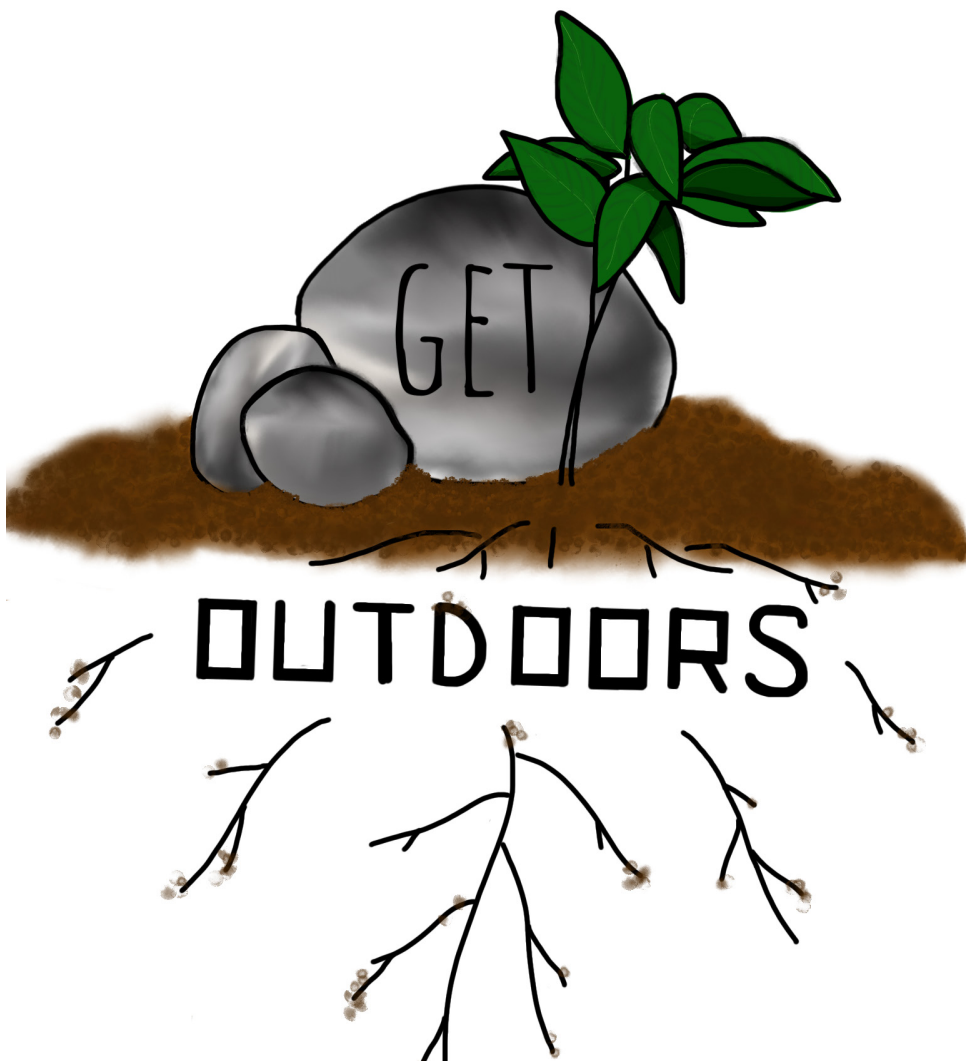


GET ACTIVE BOOKLET: NATURE



Filled with fun nature themed crafts and
activities for ages 4-6+

Skip the electronics and find new ways to have fun!

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Girl Scout Gold Award Project

2021





Please enjoy these quick and easy activities for **kids AND parents!**

These activities require little prep work and easily accessible materials.

Take a break from technology with these experiments and learn something new and take the time to **make new memories!**



Scavenger Hunt

Materials
-Bag

Grab a bag or bucket to hold your findings, and look for these items outside in nature!

☐ **Bark** 

☐ **A yellow flower** 

☐ **A pinecone** 

☐ **A flat rock** 

☐ **A seed** 

☐ **Moss** 

☐ **A feather** 

☐ **4 kinds of leaves**

☐ **Something beautiful** ✨



☐ **Something prickly** 

☐ **Y-shaped stick** 

DID YOU KNOW?

Trees are the longest living organism on Earth, and they never die of old age!

Pet Rock

STEP 1: Find a good rock and wash away dirt.



STEP 2: Glue on googly eyes.



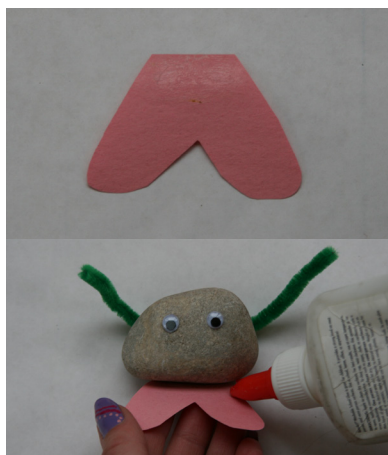
STEP 3: Tape pipe-cleaner on the middle-back of the rock.



Materials

- Rock
- Paper
- Pipe-cleaner
- Googly-eyes
- Glue

STEP 4: Cut out feet shape like below and glue on bottom of rock.



STEP 4: Paint on a face, name it and go adventuring!



DID YOU KNOW?

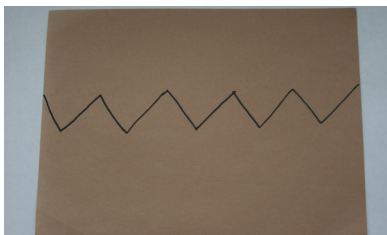
Selling pet rocks made the inventor millions of dollars!

Nature Crown

STEP 1: Gather flowers, leaves and sticks from outside.



STEP 2: Draw a zig-zag in the middle of a piece of paper.



STEP 3: Cut along line.



Materials

- Paper
- Glue
- Tape



STEP 4: Decorate the front of the crown by gluing on what you gathered from outside.



STEP 5: Take another piece of paper and cut out a long strip.





STEP 6: Tape one end of the crown to the strip of paper.



STEP 7: Loop the paper in a circle the size of your head and tape in place.



DID YOU KNOW?

There are still 44 royal families left in the world today!!

Bird Feeder

Materials

- Bird seed
- Toilet paper tube
- Peanut butter
- Ribbon

STEP 1: Cover outside of paper tube in peanut butter. (With peanut allergies, use shortening)



STEP 2: Pour bird seed on a plate.

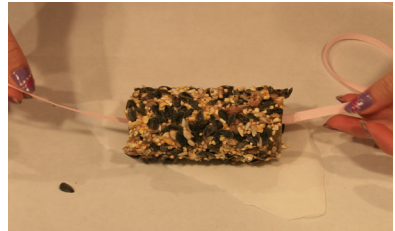


STEP 3: Roll peanut butter covered paper tube in the bird seed.



STEP 4: Let dry for about 1 hour (Optional).

STEP 5: String a piece of ribbon through the tube and tie the ends together.



STEP 6: Hang up outside and watch the birds!



DID YOU KNOW?

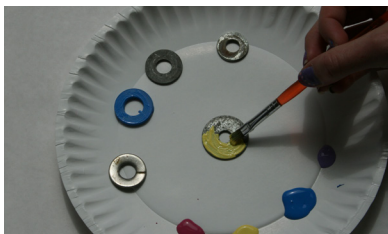
Some ducks sleep with one eye open!

Wind Chimes

Materials

- 5 washers
- Colorful beads
- String - Paint
- Stick

STEP 1: Paint washers.

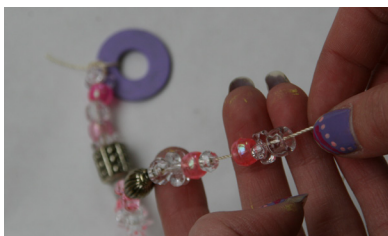


STEP 2: Cut 5 strings about 1 foot long each.

STEP 3: Tie a washer on the end of each string.



STEP 4: String beads on 2/3 of each string.



STEP 5: Tie beaded strings on a stick about 1 inch apart.



STEP 6: Tie another string about 2 feet long to either side of the stick.



DID YOU KNOW?

Wind chimes are a type of percussion instrument!

Snowy Owl

Materials

- Pinecone
- Cotton balls
- Googly eyes
- Paper

STEP 1: Pull cotton balls apart, and stuff into all crevices of the pinecone.

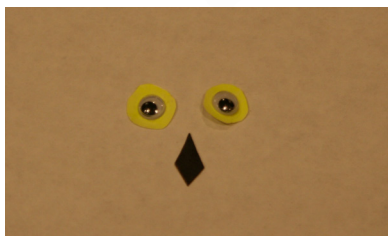


STEP 2: Cut out ovals for wing shape and decorate them.



STEP 3: Cut out circles of paper just bigger than the googly eyes. Glue the googly eyes on those circles.

STEP 4: Cut out triangle for beak.



STEP 5: Glue beak and eyes on the middle of the pinecone.



STEP 6: Glue the wings on either side of the face.



DID YOU KNOW?

A group of owls is called a parliament!

Leaf Rubbings

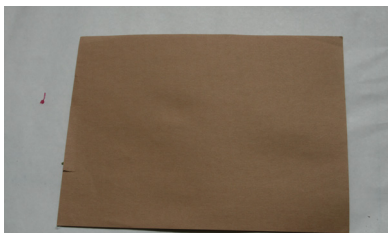
Materials

- Leaves
- Paper
- Crayons

STEP 1: Gather different sized leaves.



STEP 2: Place a piece of paper over the leaves.



STEP 3: Unwrap the crayon's paper.



STEP 4: Rub the side of the crayon on the paper firmly.



STEP 5: Make the drawings into animals (Optional).



DID YOU KNOW?

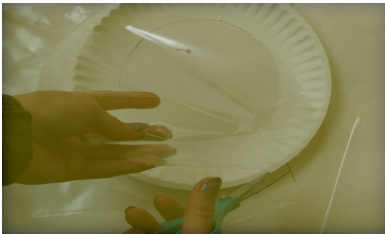
Leaves clean the air around us so that we can breath easier and stay healthy!!

Sun Catcher

STEP 1: Cut out the center of 2 paper plates.



STEP 2: Cut a circle in the paper protector the size of the plate.



STEP 3: Glue one half of the plastic circle to the plate.



Materials

- 2 Paper plates
- 1 Plastic paper protector
- Glue
- Flowers



STEP 4: Arrange the flowers in the center of the plate.



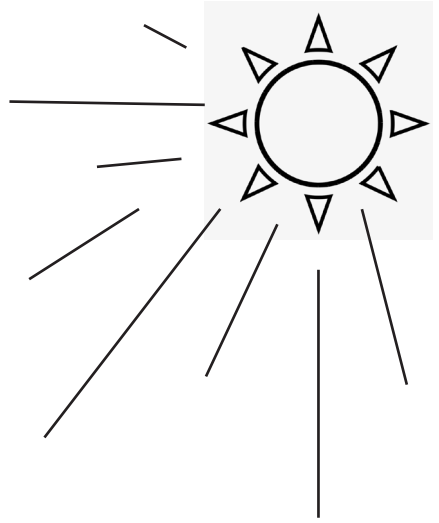
STEP 5: Put glue on the entire second plastic circle, and gently press down over the flowers.



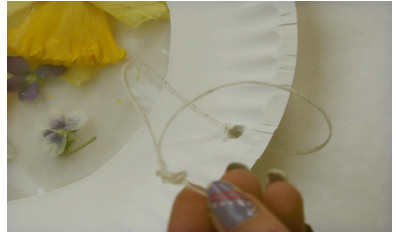
STEP 6: Glue the second paper plate over the other paper plate.



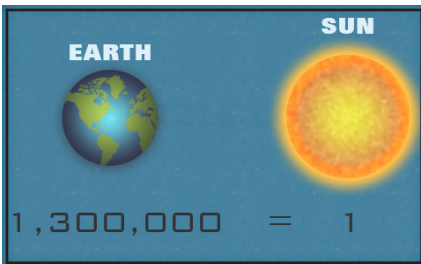
STEP 7: Punch a hole on the side of the plate with a hole punch.



STEP 8: String a rope through the hole and tie the ends together.



STEP 9: DECORATE!



DID YOU KNOW?

The sun is 100x larger than planet Earth!

Land Art

Let the world around
you be you paper!

Create outdoor art with
what is around you!

STEP 1: Gather sticks,
stones, leaves, pinecones,
flowers. . .



STEP 2: Can you make
shapes or letters with
sticks and rocks?



Materials

- The Great Outdoors
- Some Imagination!

Help keep our
planet beautiful and
ONLY gather things
already on the ground.



STEP 3: Make a fairy garden!

Lean sticks against each other or a tree to create a fairy house!



STEP 4: Decorate with sticks, leaves, pinecones or anything else!

STEP 5: Make tables, chairs and bridges and watch your garden grow!



DID YOU KNOW?

You can count the rings on the inside of a tree trunk to find out how old it is!



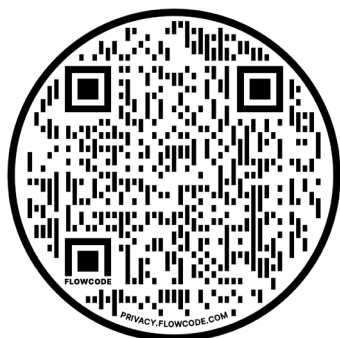
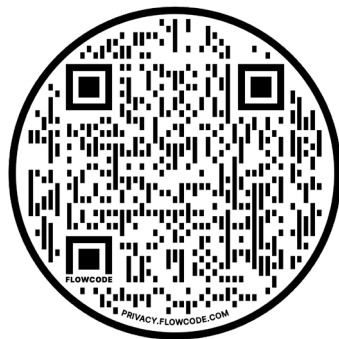
How old
do you
think this
tree is?

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